Population estimates, July 1, by census metropolitan area, census agglomeration, urban, rural, 2021 boundaries [1234567]
Annual
Table: 17-10-0148-01
Newfoundland and Labrador
Total - gender

Geography	2020	2021	2022	2023	2024	2025
St. John's (CMA), Newfoundland and Labrador (Functional urban area - CMA)	219,282	220,052	224,707	232,536	240,428	243,478
Grand Falls-Windsor (CA), Newfoundland and Labrador (Functional urban area - CA)	14,225	14,294	14,366	14,480	14,516	14,549
Gander (CA), Newfoundland and Labrador (Functional urban area - CA)	13,677	13,817	13,838	14,102	14,266	14,389
Corner Brook (CA), Newfoundland and Labrador (Functional urban area - CA)	30,821	30,827	30,985	31,009	31,379	31,880
Area outside census metropolitan areas and census agglomerations, Newfoundland and Labrador (Rural and Small Town - non-CMA/CA)	248,879	248,066	247,361	246,662	246,280	245,615
Provincial Total	526,884	527,056	531,257	538,789	546,869	549,911
% Population Rural (Rural and Small Town)	**47.2%**	**47.1%**	**46.6%**	**45.8%**	**45.0%**	**44.7%**
% Population Urban (Functional Urban Area)	**52.8%**	**52.9%**	**53.4%**	**54.2%**	**55.0%**	**55.3%**

Notes:

Functional urban area (CMA/CA) - Census subdivisions within CMAs or CAs, according to Statistics Canada's SGC.

Rural and small town (non-CMA/CA) - Census subdivisions outside census metropolitan areas (CMAs) or census agglomerations (CAs), according to Statistics Canada's Standard Geographical Classification (SGC).
For more information see:
Variant of Standard Geographical Classification (SGC) 2021 for Statistical area classification

Footnotes:

1. Population estimates based on the Standard Geographical Classification (SGC) 2021 as delineated in the 2021 Census.

2. A census metropolitan area (CMA) or a census agglomeration (CA) is formed by one or more adjacent municipalities centred on a population centre (known as the core). A CMA must have a total population of at least 100,000, based on data from the current Census of Population Program, of which 50,000 or more must live in the core based on adjusted data from the previous Census of Population Program. A CA must have a core population of at least 10,000 also based on data from the previous Census of Population Program. To be included in the CMA or CA, other adjacent municipalities must have a high degree of integration with the core, as measured by commuting flows derived from data on place of work from the previous Census Program. If the population of the core of a CA falls below 10,000, the CA is retired from the next census. However, once an area becomes a CMA, it is retained as a CMA even if its total population declines below 100,000 or the population of its core falls below 50,000. All areas inside the CMA or CA that are not population centres are rural areas. When a CA has a core of at least 50,000, based on data from the previous Census of Population, it is subdivided into census tracts. Census tracts are maintained for the CA even if the population of the core subsequently falls below 50,000. All CMAs are subdivided into census tracts (2021 Census Dictionary, catalogue number 98-301-X2021001).
3. An area outside census metropolitan areas and census agglomerations is made up of all areas (within a province or territory) unallocated to a census metropolitan area (CMA) or census agglomeration (CA).

4. Postcensal estimates are based on the latest census counts adjusted for census net undercoverage (including adjustment for incompletely enumerated reserves and settlements) and for the estimated population growth that occurred since that census. Intercensal estimates are based on postcensal estimates and census counts adjusted of the censuses preceding and following the year in consideration.

5. Population estimates as of July 1 are final intercensal up to 2020, final postcensal for 2021, updated postcensal for 2022 and 2023, and preliminary postcensal for 2024.
6. The population growth, which is used to calculate population estimates of census metropolitan areas and census agglomerations (table 17100148), is comprised of the components of population growth (table 17100149).

7. This table replaces table 17100135.

Source: Statistics Canada. Table 17-10-0148-01
https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1710014801

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