

EI Flashsheet

January 2026

Monthly Employment Insurance Summary Data

Newfoundland and Labrador	Employment Insurance Claims ('000)							
	Jan. 2026		Dec. 2025	Dec-2025 to Jan-2026		Jan. 2025	Jan-2025 vs. Jan-2026	
	Count	%	Count	Change	% Change	Count	Change	% Change
Gender								
Both Sexes	49.4	100.0	43.6	5.8	13.3	50.6	-1.1	-2.2
Females	17.6	35.6	16.6	1.1	6.4	17.8	-0.2	-0.9
Males	31.8	64.4	27.1	4.8	17.6	32.8	-1.0	-2.9
Age Distribution								
Less than 19	0.3	0.6	0.3	0.0	8.7	0.3	0.0	1.4
19-24	3.5	7.0	3.1	0.4	12.4	3.5	0.0	-1.1
25-29	3.1	6.3	2.7	0.5	17.0	3.1	0.0	-1.3
30-39	7.0	14.1	6.0	1.0	16.4	7.2	-0.2	-3.1
40-49	8.4	16.9	7.3	1.1	14.7	8.7	-0.3	-3.9
50-59	12.5	25.2	10.9	1.5	14.0	13.2	-0.7	-5.4
60+	14.8	29.9	13.4	1.4	10.3	14.6	0.2	1.5
<i>Average age</i>	49.1	..	49.3	-0.2	-0.4	48.9	0.2	0.4
Economic Zones								
Economic Zone 1	0.3	0.6	0.3	0.0	2.4	0.4	-0.1	-15.6
Economic Zone 2	0.4	0.7	0.3	0.0	13.3	0.3	0.0	3.9
Economic Zone 3	0.4	0.8	0.4	0.0	2.3	0.4	0.0	3.7
Economic Zone 4	0.6	1.2	0.5	0.0	9.0	0.6	0.0	-2.6
Economic Zone 5	0.3	0.7	0.3	0.0	14.2	0.4	0.0	-9.6
Economic Zone 6	1.5	3.0	1.4	0.1	10.4	1.5	0.0	-1.7
Economic Zone 7	2.4	4.9	2.2	0.3	11.5	2.5	-0.1	-2.2
Economic Zone 8	3.9	8.0	3.6	0.4	10.6	4.0	-0.1	-1.7
Economic Zone 9	2.6	5.3	2.3	0.3	13.4	2.7	-0.1	-3.9
Economic Zone 10	1.2	2.4	1.1	0.1	5.8	1.3	-0.1	-5.1
Economic Zone 11	2.2	4.5	1.9	0.3	16.1	2.3	-0.1	-2.7
Economic Zone 12	2.4	4.8	2.1	0.3	12.2	2.5	-0.1	-4.7
Economic Zone 13	1.4	2.9	1.4	0.1	5.7	1.5	0.0	-2.8
Economic Zone 14	6.8	13.8	6.2	0.7	10.7	7.1	-0.3	-4.1
Economic Zone 15	4.4	8.8	3.8	0.6	14.8	4.5	-0.1	-2.4
Economic Zone 16	3.0	6.2	2.7	0.3	12.9	3.1	-0.1	-2.5
Economic Zone 17	5.5	11.1	4.7	0.8	16.8	5.6	-0.1	-2.2
Economic Zone 18	1.0	2.1	0.9	0.2	17.1	1.1	0.0	-2.8
Economic Zone 19	7.3	14.7	6.0	1.2	20.6	7.2	0.1	0.9
Economic Zone 20	1.3	2.7	1.2	0.1	11.7	1.3	0.0	0.1
Occupation								
Management	0.2	0.3	0.1	0.0	2.0	0.1	0.0	6.3
Other Business, Finance and Administration	0.8	1.6	0.8	0.0	2.8	0.7	0.1	11.6
Office Support, Distribution, Tracking and Scheduling Co-ordination	2.1	4.2	2.0	0.1	4.8	2.1	-0.1	-2.6
Natural and Applied Sciences and Related	1.8	3.6	1.6	0.2	11.6	1.8	0.0	-1.2
Health	0.5	0.9	0.5	0.0	0.0	0.5	-0.1	-14.7
Education, Law and Social, Community and Government Services	4.4	8.9	4.2	0.2	4.3	4.4	0.0	0.5
Art, Culture, Recreation and Sport	0.6	1.2	0.5	0.1	13.2	0.5	0.1	13.4
Sales and Service	6.7	13.6	6.5	0.2	3.5	7.1	-0.4	-5.3
Trades, Transport and Equipment Operator and Related	11.8	23.8	9.8	2.0	20.9	12.8	-1.0	-8.1
Trades Helpers, Construction Labourers and Related	5.1	10.3	4.2	0.9	20.5	5.3	-0.2	-4.1
Fish Harvester	7.8	15.7	6.1	1.6	26.7	7.5	0.3	3.9
Other Natural Resources, Agriculture and Related Production	1.8	3.6	1.6	0.2	9.9	1.9	-0.1	-5.5
Fish Plant Worker	3.9	7.9	3.8	0.1	2.5	3.9	0.0	0.5
Other Occupations in Manufacturing and Utilities	1.8	3.7	1.6	0.2	13.6	1.8	0.1	5.0
Eligible Weekly Rate								
Less than \$200	0.2	0.4	0.2	0.0	8.2	0.3	-0.1	-31.1
\$200 to \$299	1.7	3.3	1.5	0.1	7.2	1.9	-0.3	-13.8
\$300 to \$399	4.1	8.4	3.9	0.2	5.2	5.0	-0.9	-18.0
\$400 to \$499	5.8	11.7	5.4	0.4	7.2	6.3	-0.6	-9.0
\$500 to \$501	37.7	76.2	32.6	5.1	15.7	37.0	0.7	1.9
<i>Average eligible rate</i>	\$598	..	\$591	\$7	1.1	\$574	\$24	4.2

.. Not Applicable

*The Employment Insurance data reported here includes only claims related to job loss and fishing activity. All other types of claims are excluded (maternity leave, sickness, parental/adoption, work sharing, job creation, training and self-employment).

Source: Newfoundland & Labrador Statistics Agency, Department of Finance (Special Tabulations).

EI Flashsheet

February 2026

Monthly Employment Insurance Summary Data

Newfoundland and Labrador	Employment Insurance Claims ('000)							
	Feb. 2026		Jan. 2026	Jan-2026 to Feb-2026		Feb. 2025	Feb-2025 vs. Feb-2026	
	Count	%	Count	Change	% Change	Count	Change	% Change
Gender								
Both Sexes	50.4	100.0	49.4	1.0	2.0	51.9	-1.5	-2.8
Females	17.7	35.0	17.6	0.0	0.2	18.0	-0.4	-2.1
Males	32.8	65.0	31.8	1.0	3.0	33.9	-1.1	-3.2
Age Distribution								
Less than 19	0.3	0.6	0.3	0.0	1.7	0.3	0.0	2.7
19-24	3.6	7.2	3.5	0.2	4.5	3.6	0.0	0.2
25-29	3.2	6.3	3.1	0.1	2.0	3.2	-0.1	-2.4
30-39	7.1	14.1	7.0	0.1	2.0	7.4	-0.3	-4.5
40-49	8.5	16.8	8.4	0.1	1.1	8.9	-0.4	-4.8
50-59	12.6	25.0	12.5	0.2	1.3	13.5	-0.9	-6.3
60+	15.1	30.0	14.8	0.4	2.6	14.9	0.2	1.5
<i>Average age</i>	49.1	..	49.1	0.0	0.0	48.9	0.2	0.4
Economic Zones								
Economic Zone 1	0.3	0.6	0.3	0.0	2.0	0.4	-0.1	-16.3
Economic Zone 2	0.3	0.7	0.4	0.0	-0.3	0.3	0.0	2.3
Economic Zone 3	0.4	0.8	0.4	0.0	1.0	0.4	0.0	2.3
Economic Zone 4	0.6	1.2	0.6	0.0	4.5	0.6	0.0	-1.6
Economic Zone 5	0.3	0.7	0.3	0.0	4.5	0.4	0.0	-7.0
Economic Zone 6	1.6	3.1	1.5	0.1	3.7	1.6	-0.1	-3.4
Economic Zone 7	2.5	4.9	2.4	0.1	3.2	2.6	-0.1	-2.4
Economic Zone 8	4.0	7.9	3.9	0.1	1.3	4.1	-0.1	-3.6
Economic Zone 9	2.6	5.2	2.6	0.0	-0.3	2.8	-0.1	-5.3
Economic Zone 10	1.3	2.5	1.2	0.1	4.4	1.3	-0.1	-5.4
Economic Zone 11	2.2	4.4	2.2	0.0	0.9	2.4	-0.1	-4.8
Economic Zone 12	2.4	4.7	2.4	0.0	-0.3	2.6	-0.2	-7.8
Economic Zone 13	1.5	3.0	1.4	0.1	4.7	1.5	0.0	-2.0
Economic Zone 14	7.0	13.8	6.8	0.2	2.2	7.2	-0.3	-3.5
Economic Zone 15	4.4	8.8	4.4	0.1	1.8	4.6	-0.1	-2.4
Economic Zone 16	3.1	6.1	3.0	0.0	1.0	3.2	-0.1	-4.1
Economic Zone 17	5.6	11.1	5.5	0.1	2.1	5.7	-0.1	-1.9
Economic Zone 18	1.1	2.1	1.0	0.0	1.9	1.1	0.0	-2.1
Economic Zone 19	7.5	14.8	7.3	0.2	2.7	7.4	0.1	0.7
Economic Zone 20	1.4	2.7	1.3	0.0	2.7	1.4	0.0	-2.0
Occupation								
Management	0.2	0.3	0.2	0.0	1.3	0.1	0.0	3.4
Other Business, Finance and Administration	0.8	1.5	0.8	0.0	-5.4	0.7	0.0	6.4
Office Support, Distribution, Tracking and Scheduling Co-ordination	2.0	4.0	2.1	0.0	-1.8	2.1	-0.1	-2.7
Natural and Applied Sciences and Related	1.8	3.6	1.8	0.0	1.4	1.8	0.0	-1.1
Health	0.5	0.9	0.5	0.0	1.7	0.6	-0.1	-14.0
Education, Law and Social, Community and Government Services	4.2	8.3	4.4	-0.2	-4.3	4.3	-0.1	-1.7
Art, Culture, Recreation and Sport	0.6	1.2	0.6	0.0	1.1	0.6	0.1	11.6
Sales and Service	7.1	14.1	6.7	0.3	5.1	7.5	-0.4	-5.6
Trades, Transport and Equipment Operator and Related	12.0	23.8	11.8	0.2	2.0	13.1	-1.1	-8.6
Trades Helpers, Construction Labourers and Related	5.3	10.6	5.1	0.3	5.3	5.6	-0.3	-4.7
Fish Harvester	8.2	16.3	7.8	0.4	5.7	7.9	0.3	4.3
Other Natural Resources, Agriculture and Related Production	1.7	3.5	1.8	0.0	-0.9	1.9	-0.1	-6.9
Fish Plant Worker	3.9	7.6	3.9	0.0	-1.3	3.8	0.0	1.0
Other Occupations in Manufacturing and Utilities	1.8	3.7	1.8	0.0	0.4	1.8	0.1	2.9
Eligible Weekly Rate								
Less than \$200	0.2	0.4	0.2	0.0	1.0	0.3	-0.1	-33.5
\$200 to \$299	1.8	3.5	1.7	0.1	6.1	2.1	-0.3	-16.4
\$300 to \$399	4.2	8.3	4.1	0.1	1.6	5.1	-0.9	-18.1
\$400 to \$499	5.8	11.6	5.8	0.1	1.4	6.3	-0.5	-7.7
\$500 to \$501	38.4	76.2	37.7	0.7	2.0	38.0	0.4	1.1
<i>Average eligible rate</i>	\$599	..	\$598	\$1	0.2	\$575	\$25	4.3

.. Not Applicable

*The Employment Insurance data reported here includes only claims related to job loss and fishing activity. All other types of claims are excluded (maternity leave, sickness, parental/adoption, work sharing, job creation, training and self-employment).

Source: Newfoundland & Labrador Statistics Agency, Department of Finance (Special Tabulations).