

Age and Gender Population¹
Newfoundland and Labrador
2021 Census

Age ²	Total - Gender ^{3 4}	Men+ ⁵	Women+ ⁶
Total - Age	510,550	250,075	260,475
0 to 4 years	18,990	9,765	9,225
Under 1 year	3,460	1,785	1,680
1	3,565	1,810	1,750
2	3,835	1,990	1,840
3	3,860	1,975	1,885
4	4,260	2,195	2,070
5 to 9 years	23,025	11,750	11,275
5	4,520	2,320	2,200
6	4,520	2,285	2,235
7	4,675	2,425	2,250
8	4,610	2,355	2,255
9	4,700	2,365	2,330
10 to 14 years	26,170	13,530	12,640
10	5,055	2,565	2,490
11	5,325	2,805	2,525
12	5,295	2,715	2,580
13	5,310	2,700	2,605
14	5,185	2,750	2,435
15 to 19 years	25,725	13,275	12,445
15	5,185	2,685	2,500
16	5,035	2,595	2,440
17	5,200	2,740	2,460
18	5,135	2,600	2,545
19	5,165	2,660	2,505
20 to 24 years	26,075	13,560	12,520
20	5,220	2,735	2,485
21	5,355	2,765	2,590
22	5,280	2,760	2,525
23	5,235	2,730	2,500
24	4,990	2,570	2,420
25 to 29 years	25,050	12,610	12,435
25	4,985	2,545	2,445
26	4,895	2,530	2,360
27	4,895	2,450	2,450
28	5,020	2,495	2,525
29	5,250	2,585	2,660
30 to 34 years	27,525	13,515	14,010
30	5,540	2,745	2,790
31	5,685	2,790	2,895
32	5,280	2,615	2,670
33	5,485	2,635	2,850
34	5,525	2,730	2,800
35 to 39 years	29,445	14,210	15,235
35	5,650	2,720	2,930
36	5,935	2,905	3,035
37	5,920	2,835	3,080
38	5,930	2,900	3,030
39	6,000	2,845	3,160
40 to 44 years	30,895	14,780	16,115
40	6,025	2,875	3,155
41	6,195	2,935	3,265
42	6,065	2,965	3,105
43	6,275	3,020	3,255
44	6,325	2,990	3,345

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45 to 49 years	33,995	16,490	17,510
45	6,485	3,180	3,305
46	6,705	3,260	3,445
47	6,690	3,280	3,405
48	6,835	3,240	3,595
49	7,275	3,525	3,750
50 to 54 years	38,375	18,690	19,690
50	7,475	3,665	3,815
51	7,425	3,620	3,805
52	7,580	3,680	3,895
53	7,940	3,875	4,070
54	7,960	3,845	4,115
55 to 59 years	42,150	20,535	21,620
55	8,230	3,950	4,280
56	8,540	4,145	4,400
57	8,455	4,185	4,275
58	8,460	4,095	4,360
59	8,465	4,165	4,300
60 to 64 years	42,525	20,695	21,825
60	8,690	4,245	4,445
61	8,535	4,215	4,320
62	8,505	4,105	4,400
63	8,500	4,090	4,410
64	8,295	4,045	4,250
65 to 69 years	40,455	19,720	20,730
65	8,365	4,050	4,315
66	8,355	4,125	4,235
67	8,190	3,970	4,220
68	7,910	3,860	4,045
69	7,630	3,715	3,915
70 to 74 years	34,405	16,600	17,805
70	7,570	3,705	3,870
71	7,175	3,470	3,710
72	6,790	3,220	3,570
73	6,600	3,205	3,395
74	6,275	3,010	3,265
75 to 79 years	22,360	10,580	11,780
75	5,930	2,780	3,140
76	4,640	2,245	2,395
77	4,425	2,130	2,290
78	3,945	1,865	2,080
79	3,430	1,565	1,865
80 to 84 years	13,235	5,960	7,280
80	3,190	1,505	1,685
81	2,920	1,350	1,575
82	2,660	1,165	1,485
83	2,365	1,030	1,335
84	2,110	905	1,195
85 to 89 years	6,745	2,835	3,910
85	1,765	730	1,035
86	1,560	665	895
87	1,300	560	745
88	1,130	455	680
89	985	425	560
90 to 94 years	2,710	840	1,875
90	810	275	535
91	690	220	465
92	475	150	325
93	395	110	290
94	340	80	260

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95 to 99 years	620	135	480
95	270	55	215
96	140	30	105
97	80	20	60
98	80	20	60
99	50	10	40
100 years and over	80	10	65
Average age	45.5	44.7	46.3

Selected Age Groups			
0-14	68,185	35,045	33,140
15-24	51,800	26,835	24,965
15 Years and Over	442,370	215,040	227,330
25-54	185,285	90,295	94,995
55-64	84,675	41,230	43,445
65 Years and Over	120,610	56,680	63,925

Note: Data may not add to totals due to rounding

Source: Statistics Canada, 2021 Census

Footnotes:

¹ Historical comparison of geographic areas The boundaries and names of census geographies can change from one census to the next. In order to facilitate data comparisons between censuses, previous census data have been adjusted to reflect as closely as possible the 2021 boundaries of these areas. The methodology used for this adjustment involved spatially linking blocks of previous censuses. A previous census block was linked to the 2021 area within which its representative point fell. A limited number of interactive linkages were completed to further enhance the adjustment in certain areas. For some census geographies, it was not possible to reflect the 2021 boundaries. The 2021 boundaries may not be reflected as there was no previous census block to assign to the 2021 area. As well previous census data for some 2021 areas may not be available due to the fact that the concordance did not produce an accurate representation of the 2021 area.

² Age 'Age' refers to the age of a person (or subject) of interest at last birthday (or relative to a specified, well-defined reference date).

³ Gender Gender refers to an individual's personal and social identity as a man, woman or non-binary person (a person who is not exclusively a man or a woman). Gender includes the following concepts: gender identity, which refers to the gender that a person feels internally and individually; gender expression, which refers to the way a person presents their gender, regardless of their gender identity, through body language, aesthetic choices or accessories (e.g., clothes, hairstyle and makeup), which may have traditionally been associated with a specific gender. A person's gender may differ from their sex at birth, and from what is indicated on their current identification or legal documents such as their birth certificate, passport or driver's licence. A person's gender may change over time. Some people may not identify with a specific gender.

⁴ Given that the non-binary population is small, data aggregation to a two-category gender variable is sometimes necessary to protect the confidentiality of responses provided. In these cases, individuals in the category "non-binary persons" are distributed into the other two gender categories and are denoted by the "+" symbol. The sex variable in census years prior to 2021 and the two-category gender variable in the 2021 Census are included together in the [data table]. Although sex and gender refer to two different concepts, the introduction of gender is not expected to have a significant impact on data analysis and historical comparability, given the small size of the transgender and non-binary populations. For additional information on changes of concepts over time, please consult the Age, Sex at Birth and Gender Reference Guide.

⁵ Prior to the 2021 Census, this category refers to males. Starting in 2021, this category includes men and boys, as well as some non-binary persons.

⁶ Prior to the 2021 Census, this category refers to females. Starting in 2021, this category includes women and girls, as well as some non-binary persons.