Age and Gender Population[1]
St. John's Census Metropolitan Area (CMA)
2021 Census

Age[2]	Total - Gender[3][4]	Men+[5]	Women+[6]
Total - Age	**212,580**	**103,480**	**109,100**
0 to 4 years	**9,135**	**4,715**	**4,425**
Under 1 year	**1,680**	**870**	**810**
1	1,730	870	855
2	1,850	950	895
3	1,855	940	915
4	2,020	1,075	945
5 to 9 years	**10,770**	**5,510**	**5,265**
5	2,135	1,085	1,045
6	2,145	1,110	1,035
7	2,215	1,135	1,085
8	2,105	1,085	1,020
9	2,170	1,095	1,080
10 to 14 years	**11,655**	**5,975**	**5,685**
10	2,310	1,160	1,150
11	2,410	1,245	1,170
12	2,320	1,195	1,130
13	2,385	1,200	1,185
14	2,230	1,180	1,050
15 to 19 years	**11,235**	**5,780**	**5,455**
15	2,305	1,165	1,135
16	2,155	1,105	1,050
17	2,200	1,180	1,020
18	2,230	1,110	1,120
19	2,345	1,215	1,130
20 to 24 years	**13,645**	**7,080**	**6,565**
20	2,520	1,325	1,190
21	2,710	1,395	1,315
22	2,790	1,420	1,370
23	2,780	1,475	1,305
24	2,850	1,460	1,385
25 to 29 years	**13,605**	**6,765**	**6,835**
25	2,785	1,395	1,390
26	2,685	1,380	1,305
27	2,645	1,320	1,325
28	2,665	1,290	1,370
29	2,835	1,380	1,455
30 to 34 years	**14,630**	**7,250**	**7,380**
30	2,985	1,475	1,510
31	2,945	1,465	1,485
32	2,805	1,380	1,420
33	2,950	1,450	1,505
34	2,945	1,480	1,470
35 to 39 years	**15,025**	**7,400**	**7,625**
35	2,950	1,450	1,500
36	3,120	1,555	1,560
37	3,030	1,490	1,540
38	2,925	1,470	1,455
39	2,995	1,435	1,560
40 to 44 years	**14,735**	**7,065**	**7,675**
40	2,965	1,410	1,550
41	2,995	1,425	1,570
42	2,900	1,435	1,475
43	2,965	1,425	1,540
44	2,910	1,370	1,545

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Age[2]	Total - Gender[3][4]	Men+[5]	Women+[6]
45 to 49 years	**14,490**	**7,100**	**7,395**
45	2,895	1,425	1,470
46	3,000	1,495	1,505
47	2,880	1,410	1,465
48	2,725	1,305	1,425
49	2,990	1,460	1,530
50 to 54 years	**14,845**	**7,140**	**7,710**
50	3,105	1,505	1,600
51	2,910	1,415	1,500
52	2,895	1,385	1,515
53	2,935	1,405	1,530
54	2,995	1,430	1,570
55 to 59 years	**15,570**	**7,400**	**8,170**
55	3,110	1,460	1,655
56	3,180	1,490	1,685
57	3,220	1,580	1,645
58	3,065	1,445	1,615
59	2,995	1,420	1,575
60 to 64 years	**14,610**	**7,015**	**7,595**
60	3,030	1,420	1,610
61	2,955	1,410	1,545
62	2,950	1,435	1,520
63	2,880	1,400	1,485
64	2,800	1,355	1,445
65 to 69 years	**12,870**	**6,110**	**6,760**
65	2,685	1,295	1,390
66	2,635	1,265	1,375
67	2,640	1,255	1,395
68	2,480	1,145	1,335
69	2,420	1,150	1,265
70 to 74 years	**10,645**	**4,880**	**5,765**
70	2,300	1,075	1,220
71	2,165	985	1,180
72	2,085	930	1,155
73	2,105	960	1,150
74	1,990	925	1,060
75 to 79 years	**7,185**	**3,255**	**3,935**
75	1,850	835	1,015
76	1,480	695	790
77	1,445	665	780
78	1,335	595	740
79	1,075	465	615
80 to 84 years	**4,325**	**1,835**	**2,490**
80	1,060	425	635
81	950	435	515
82	830	330	495
83	785	335	450
84	700	310	395
85 to 89 years	**2,280**	**880**	**1,405**
85	600	220	380
86	535	215	330
87	420	170	245
88	400	145	250
89	325	125	195
90 to 94 years	**990**	**265**	**720**
90	290	90	200
91	235	70	160
92	175	45	120
93	140	25	115
94	150	30	120

Age and Gender Population[1]
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Age[2]	Total - Gender[3][4]	Men+[5]	Women+[6]
95 to 99 years	**285**	**60**	**230**
95	135	25	120
96	50	10	40
97	45	10	35
98	30	10	20
99	25	5	20
100 years and over	**25**	**5**	**25**
Average age	**42.1**	**41.0**	**43.1**

Selected Age Groups			
0-14	31,560	16,200	15,375
15-24	24,880	12,860	12,020
15 Years and Over	180,995	87,285	93,735
25-54	87,330	42,720	44,620
55-64	30,180	14,415	15,765
65 Years and Over	38,605	17,290	21,330

Note: Data may not add to totals due to rounding

Source: Statistics Canada, 2021 Census

Footnotes:

[1] Historical comparison of geographic areas   The boundaries and names of census geographies can change from one census to the next. In order to facilitate data comparisons between censuses, previous census data have been adjusted to reflect as closely as possible the 2021 boundaries of these areas. The methodology used for this adjustment involved spatially linking blocks of previous censuses. A previous census block was linked to the 2021 area within which its representative point fell. A limited number of interactive linkages were completed to further enhance the adjustment in certain areas. For some census geographies, it was not possible to reflect the 2021 boundaries. The 2021 boundaries may not be reflected as there was no previous census block to assign to the 2021 area. As well previous census data for some 2021 areas may not be available due to the fact that the concordance did not produce an accurate representation of the 2021 area.

[2] Age   'Age' refers to the age of a person (or subject) of interest at last birthday (or relative to a specified, well-defined reference date).

[3] Gender Gender refers to an individual's personal and social identity as a man, woman or non-binary person (a person who is not exclusively a man or a woman).   Gender includes the following concepts: gender identity, which refers to the gender that a person feels internally and individually;   gender expression, which refers to the way a person presents their gender, regardless of their gender identity, through body language, aesthetic choices or accessories (e.g., clothes, hairstyle and makeup), which may have traditionally been associated with a specific gender. A person's gender may differ from their sex at birth, and from what is indicated on their current identification or legal documents such as their birth certificate, passport or driver's licence. A person's gender may change over time.   Some people may not identify with a specific gender.

[4] Given that the non-binary population is small, data aggregation to a two-category gender variable is sometimes necessary to protect the confidentiality of responses provided. In these cases, individuals in the category "non-binary persons" are distributed into the other two gender categories and are denoted by the "+" symbol.   The sex variable in census years prior to 2021 and the two-category gender variable in the 2021 Census are included together in the [data table]. Although sex and gender refer to two different concepts, the introduction of gender is not expected to have a significant impact on data analysis and historical comparability, given the small size of the transgender and non-binary populations. For additional information on changes of concepts over time, please consult the Age, Sex at Birth and Gender Reference Guide.

[5] Prior to the 2021 Census, this category refers to males. Starting in 2021, this category includes men and boys, as well as some non-binary persons.

[6] Prior to the 2021 Census, this category refers to females. Starting in 2021, this category includes women and girls, as well as some non-binary persons.